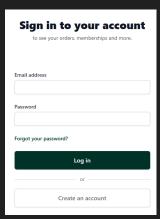
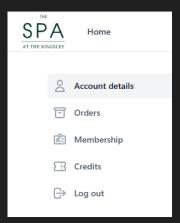
STEPS TO BOOK CLASSES

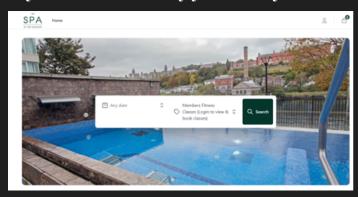
1. Log In.



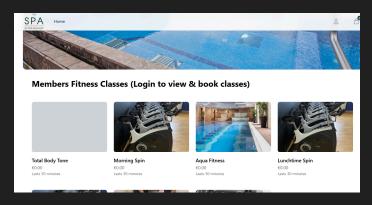
2. Click 'Home'.



3. Select "Member Fitness Classes (Login to View & Book Classes)". If you know what day you want you can search by date also here.



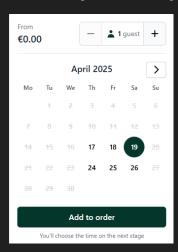
4. When you Search, it will show our range of classes available & you can Select your chosen Class.



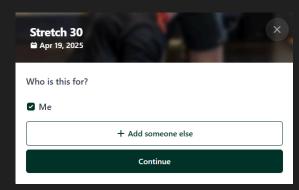


STEPS TO BOOK CLASSES

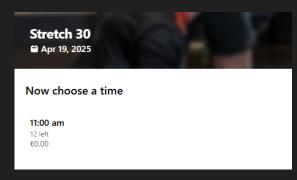
5. When you chose your class & date, next click "Add to Order".



6. Select 'Continue' as you can only book for yourself when logged into your own Account.



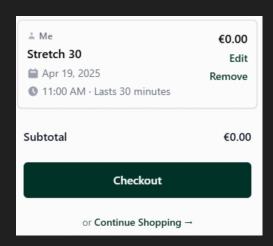
7. Select the time of class you wish to book.



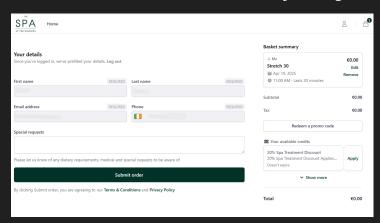


STEPS TO BOOK CLASSES

8. Class type, date & time selected. Click "Continue Shopping" to add more, or "Checkout" to finish booking.



9. Before checking out, confirm your details and class selection. Then click "Submit Order" to secure your spot.



10. Booking confirmed! A confirmation email has been sent. View or cancel bookings anytime in your account under Orders.



