

THE HEALTH
CLUB

AT THE KINGSLEY



GOLD MEMBERSHIP FEES & CATEGORIES

GOLD MEMBERSHIP CATEGORY	RATE	DD (if applicable)
12 month single	€810	€75 per month
12 month couple	€1540	€140 per month
12 month golden years (Over 65)	€675	€65 per month
12 month corporate 12 single * (Require mininum 10 members)	€750	€70 per month
12 month off peak single (9am - 4pm daily) - Latest entry at 3pm	€675	Not available
6 month single	€475	Not available
6 month couple	€850	Not available
3 month single	€300	Not available
3 month couple	€550	Not available

All gold memberships are offered subject to availability. When capacity is reached, a waiting list will apply

OPENING TIMES

Monday to Friday 6:00 am - 10:00 pm Weekends & Bank Holidays 8:00 am - 8:00 pm

Children's Pool Times:

Daily 9:00 am - 7:00pm

TOWEL HIRE

Rental charge of €1 per towel rental.

FITNESS CLASSES

Large selection and variety of free classes for members.

Please refer to fitness timetable for further details.

FITNESS ASSESSMENTS

Complimentary fitness assessments and re-assessments for all health club members.

MEMBERSHIP BENIFITS

- 10% Off Kingsley, Fota Island Resort & Clubhouse Food & Beverage. Not valid for banquets or in conjunction with any other offer (subject to availability)
- 20% treatment discount in the Spa
- Free health club members welcome pack for new members

Please note: Terms & conditions apply to all of the above.

Prices Valid from 01/04/2026 to 31/08/2026

HOTEL SPA HEALTH CLUB RESIDENCE

The Kingsley, Victoria Cross, Cork, Ireland. T: +353 21 4800 555

www.thekingsley.ie

The
FOTA Collection