

THE
SPA

AT THE KINGSLEY

Lunch Menu

Today's Soup

served with our own treacle brown bread

1 | 2AF | 7 | 14

The Kingsley Seafood Chowder

served with our own treacle brown bread

1 | 2AF | 3 | 5 | 7 | 8 | 14

Toasted Ham & Cheese Ciabatta

baby leaf salad | Ballymaloe relish

1 | 2A | 7 | 14

Smoked Fish Croquette Salad

chilli & lime mayonnaise

1 | 2A | 4 | 5 | 7 | 9

Ardsallagh Goat Cheese Flatbread

slow roasted tomatoes | roasted peppers | wild rocket | toasted pine nuts | olives

2A | 7 | 9 | 14

Sweet Potato & Chickpea Buddha Bowl

roasted sweet potato | red onion | stem broccoli | cavolo nero | avocado | tahini maple dressing

3 | 4 | 7 | 9 | 12 | 14

Grilled Parmesan Chicken Salad

croutons | parmesan | baby gem & caesar dressing

2A | 4 | 7 | 9 | 14

The Kingsley Beef Burger

crispy bacon | mature cheddar | little gem | tomato | Ballymaloe relish |

crispy onions | brioche bun | chunky fries

1 | 2A | 7 | 12 | 14

Desserts

all served with an assiette of desserts from our pastry section

2 | 4 | 7 | 10

Tea or Coffee

We use the best of locally sourced produce and wholesome natural ingredients to produce the finest dishes for our customers. All our beef is of Irish origin. Food and beverage items contain the following allergens: 1-celery, 2-cereals containing gluten, 3-crustaceans, 4-eggs, 5-fish, 6-lupin, 7-milk, 8-molluscs, 9-mustard, 10-nuts, 11-peanuts, 12-sesame seeds, 13-soya, 14-sulphur dioxide (sulphites) Please ask a member of staff if you need additional information on food allergens. A selection of dishes may be adapted to accommodate allergies.