

## SpeedFlex Cork Schedule Winter/ Spring 2022

Available 17/01/2022 to 31/03/2022

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15am	Classic 30				Classic 30		
7:30am		PureFlex 30		Classic 30			
10:00am			PureFlex 30				
12:00pm						PureFlex 30	Classic 30
12:30pm		Classic 30			Classic 30		
1:45pm				PureFlex 30			
6:45pm	PureFlex 30		Classic 30				
8:00pm		Classic 30		PureFlex 30			